

## Post-Endoscopy Homecare

Endoscopy is a minimally invasive procedure which enables the Veterinary Surgeon to visually inspect an area of the body not visible from the outside while also allowing samples to be taken where necessary/possible. This can be into the gastrointestinal system (gastroscopy), respiratory system (bronchoscopy), into the nasal cavity (rhinoscopy) or into the ear (otoscopy).

Samples are often taken of areas which look abnormal or from areas of interest that the Veterinary Surgeon believes to be causing an ongoing problem. This is done to rule out/in disease processes, though inconclusive results are possible.

Any samples taken will be sent to the laboratory for analysis if previously agreed and results are usually returned within 10-14 working days, though this may differ – we will be in touch once we have received all relevant results. We will contact you as soon as possible after receiving the results, please do not contact us regarding results within this time as we will not have received or processed them. If you have not heard from us after 2 weeks, please call for an update and we will do our best to chase any outstanding results.

## **Risks and Side effects:**

Bleeding – depending on the area examined, bleeding can be a 'side effect', often from sampling of abnormal tissue which may be vascular.

- Bleeding is more common after rhinoscopy as there are many small blood vessels in the area, sneezing is also common after this procedure. Constant bleeding should not be seen, but the occasional drop is relatively normal.
- Blood in faeces can be seen if your pet has had a gastroscopy and biopsies have been taken from the gastrointestinal tract.

Coughing and sneezing – this is a common side effect usually associated with bronchoscopy and rhinoscopy due to irritation within these areas.

Perforation of the internal structures is a risk which can be seen during endoscopies, where the endoscope itself damages internal structures creating 'holes' which may need surgical correction. However, this is very rare, and our staff are trained to perform these procedures safely making this risk minimal.





## **Complications:**

Please notify the practice at once if any of the following occur:

- Vomiting after 24 hours at home
- Diarrhoea
- Refusal to eat or drink after 24 hours at home
- No passing of urine or faeces 24 hours after their procedure
- Signs of severe pain/discomfort (mild pain and discomfort can be normal for the first few days after surgery if samples have been taken)
- Excessive bleeding coming from the area of interest

**2 Post-Op Checks** are performed by Veterinary Nurses or veterinary care assistants and are included in the price of your pet's surgery; however, if your pet requires additional treatment such as antibiotics, pain relief or potentially further surgery, the owner is responsible for all costs of necessary treatment because of any complications. These complications are all very rare and are handled on a case-by-case basis.

By following the guidelines below, you will be able to dramatically speed up your pet's Recovery.

- Offer your pet small amounts of water when you get home and food can be offered a few hours later we recommend a bland diet such as chicken/white fish and rice/pasta or the food included in your home care package. However, their appetite may not be completely normal for a few days.
- Restrict running, jumping, and climbing stairs for the next 7 days if biopsies have been taken not applicable to otoscopy.
- No swimming or bathing for the next 10 days at least especially following otoscopy.
- Do not give any over-the-counter pain relievers such as paracetamol or ibuprofen as these can be poisonous to pets. We will prescribe non-steroidal pain relief medication if the Veterinary Surgeon thinks it is necessary for the following 3-5 days which should keep your pet comfortable during their recovery. If you think your pet is uncomfortable or painful, please get in touch with the practice.

**Post-Operative Telephone Call** - A staff member will call you a few days after the procedure to check on your pet. Do not be alarmed. This is a routine call to find out how your pet is progressing after his surgery.





Thank you for choosing Warren House Vets for your pet's care. If you have any questions or concerns, please do not hesitate to contact us:

Telephone: 01543 373033

WhatsApp: 07999048536.

Facebook: Warren House Veterinary Centre Ltd

## Post-Operative Out-of-Hours/Emergency Support



If you have any concerns following your pet's surgery, we offer free out-of-hours veterinary advice support with a UK Registered Vet, over the phone, as a part of our VIP Club.

To sign up please email: <u>Info@warrenhousevets.co.uk</u>



Willows Veterinary Centre and Referral Service Ltd Highlands Road, Shirley, Solihull, B90 4NH 0121 712 7070

Jhank you!

